



Rules and Regulations

Association Aikido Harmonie

This document is meant to complete the Aikido Harmonie Association Statutes. It can be altered and amended during General Assembly meetings and must comply with the association's statutes.

All participants to Aikido Harmonie seminars and activities, including participants that are not association members, commit to respecting the set of rules presented thereafter.

1. Administrative Matters

1.1. New members

Any person desiring to join the association must fill out an adhesion form and pay the fees. Conditions to become a member of the association are defined in the Statutes (art. 6 and 7). Participation to activities organized by the association commits participants to respecting the rules defined in the present document.

1.2. Fees

Honorary members benefit from a fee exemption. They may choose to pay it nonetheless, should they wish to.

The annual fee is 16 euros and can not be refunded.

1.3. General Assembly

1.3.1 Votes - Physically present members

Members physically present during the assembly meetings vote by a show of hand. On certain occasions, other voting modalities (ie. Secret ballot) may be requested by the Board, or a quarter of members present.

1.3.2 Votes – by proxy

As per art. 10 of the statutes, should a member be unable to personally attend the meeting, he or she can be represented by an authorized representative under the conditions described in the relevant article of the statutes.

1.3.3 Information to members

The board submits to the attention of all members, at least 15 days ahead of the meeting, all documents required to the deliberation and decision making set on the agenda of the Assembly meeting.

1.3.4 Agenda

It is possible to request an item to be added to the meeting agenda; such demands have to be addressed to the board 15 working days prior to the Assembly.

1.3.5 Minutes

Minutes are taken by at least one Board member, and, if possible, one other member. The report of the General Assembly meeting is agreed by the Board prior to presentation to the General Assembly the following year.

1.4. Fees policy

1.4.1 Seminar Fees

Participation to the seminar is opened to all persons, members or not of the association. In order to have access to the mat, attendants must pay the seminar fees according to the modalities in place.

The seminar fees are defined in the rules and regulations and can be modified during General Assembly meetings.

Two types of pricing exist:

1. Online registration
2. On site registration

Prices:

	On line registration	On site registration
Full seminar	115€	160€
4 day seminar or 8 classes	80€	100€
2 day seminar or 4 classes	60€	65€
1 day seminar or 2 classes	35€	40€

1.4.2 Refund policy

All requests for refund presented to the board a week prior to seminar start will be granted, up to 95% of the original amount.

After this date and prior to seminar start, a refund of 50% can be granted. For a full refund (to the exception of cancellation fees), all requests must be justified (such as job loss, wound, etc). The board reserves the right to decline the request after examination.

Any request received after the seminar start date will be examined by the board at their discretion.

1.5. Rules and regulation modification

The present document may be modified and altered by the General Assembly, under approval of the majority of present and represented members.

2. Organization

2.1. Insurance

The seminar is open to all aikido practitioners. All attendants must be insured either through personal insurance, or through membership to a specific federation. It is recommended to bring to the seminar a copy of a form for declaration of incident, in case of need.

2.2. Accepted audience

The seminar targets adult participants.

There are no children class. The minimum age to practice is 16 years old. For any and all participants between 12 and 16, a specific request must be sent to the organizer. The board however reserves the right to accept or decline the request.

In any case, a written and signed parental authorization is required for all underage participants. Underage participants must also be accompanied by a legal representative upon arrival and departure from the dojo.

A participant may be refused access to the seminar on the basis of sanctions have been decided.

2.3. Timeline

Classes start at 9:30 and 17:00 sharp.

2.4. Health / emergency kit

The association members bring basic emergency equipment. However, all participants must have their own equipment.

2.5. Dojo cleaning and changing rooms

All participants are responsible for the dojo's cleanliness. Seminar attendants, in rotations organized by the association, clean mats and changing rooms on a daily basis.

2.6. Personal belongings and outfit

Keiko Gi must be kept clean. Finger nails must be trimmed for safe practice. Any jewelry or any type of item potentially harmful during practice is strictly forbidden. All cell phones must be turned off during practice.

2.7. Class access

Access to the seminar is only granted under presentation of the proper entry cards and to people having duly registered.

2.8. Wounds and injury

In case of injury during practice, please exit the mats to tend to the wound. Your uke/nage must help clean up if you are unable to clean the mat. In case of serious injury, please contact the organizer so that proper assistance is called upon.

2.9. Loss and theft

The organizer is not responsible for any stolen or lost property.

2.10. Spectators

Non registered people may observe class from the terrace, provided they keep the silence. The organizers have the right to refuse entry to non-practitioners at any time.

2.11. Photo and video capitation issues

All pictures and video recording are strictly forbidden, except under express authorization of the organizer. From the terrace, photos and videos are allowed when not intended for commercial use, and are not hindering class in any way.

Organizers have the right to forbid any recording at any given time.

2.12. Right to image

All pictures and video capitation must respect relevant legislations.

2.13. Security

Participants are collectively responsible for the security of all, including but not limited to:

- leaving a path around the mats,
- ensuring access to emergency exits,
- closing the gaps between mats when they are moved, etc.

In case of issue, please do not hesitate in contacting the organizers.

2.14. expel and seminar access denial

The board may deny access on a temporary or definitive basis to a participant, reflecting serious grounds and cases of misconduct. This includes repeated rules violation, dangerous behavior, being a nuisance to the smooth running of the seminar, etc. In such case no refund may be requested.

It is possible in such case to make a claim to the bureau, with possible assistance of one's choice.

3. Seminar etiquette

3.1 All participants must be warmed up when Sensei arrives on the mat. All participants must be sitting in seiza position in one or several lines, according to the number present, and ready for formal salute.

3.2 In exceptional cases, being late, please join class in as discrete a way as possible. Please wait for the salute to be finished. During the salute, only Sensei can be standing up. Do not get on the mat during demonstrations, and wait for the sensei to be done.

3.3 The correct way to sit on the mat is in seiza position. Cross legged is accepted when under duress of a wound. Do not lean, stretch legs, cross arms. In case of wounds, it is possible to stand, in the back of the group.

3.4 During class do not leave the mat except in case of wound or dizziness. To drink, please wait for the end of Sensei's demonstration. Please climb back on the mat as discreetly as possible.

3.5 When a technique is announced, salute your partner and hurry to sitting in line with other practitioners.

3.6 When Sensei personally shows a movement during class, attend with full focus while sitting in seiza. Salute when he is done. When he is correcting an other aikidoka, you may stop to watch. Similarly sit in seiza and salute when done.

3.7 All partners must be shown respect. Do not talk about technique.

3.8 Refrain from speaking as much as possible while on the mat.

3.9 Please be mindful of the safety and security of all. Throw partners towards the outside rim of the mat, and do not throw when the mat is overcrowded. Be particularly mindful of all movements and neighboring partners during weapons practice.